

**TO OUR PATIENTS:**

New **Herbal** remedies are quickly being incorporated into many of our patients' care, often without the advice or knowledge of a physician. Often these are not noted on our standard forms when patients fill them out. Many of these medications can affect your surgery, causing complications including increased bleeding, increased risk of clotting or adverse or exaggerated responses to medications used for anesthesia. **These medications can cause disfiguring, disabling, or deadly results during or after your surgery.** For this reason we ask you to view this list. Please circle any medications you are on, add others not listed on here, and **STOP all of these medication at least two (2) weeks before surgery.**

- |                        |                           |   |
|------------------------|---------------------------|---|
| Aconite                | Ephedra                   | Jimsonweed  |
| Aloe (topical or pill) | Evening Primrose Oil      | Kava Kava   |
| Arnica                 | Fen-Phen                  | Licorice  |
| Bilberry               | Feverfew                  | Melatonin   |
| Buckthorn Bark         | Fish Oil                  | PC-SPES   |
| Calamus                | Garlic                    | Psyllium-seed products  |
| Cayenne                | Germander                 | Sassafras   |
| Chamomile              | Ginger                    | St. Johns Wort  |
| Chaparral              | Ginkgo Biloba             | Senna, Chinese (Cassia Tora),<br>& American (Cassia Marilandrica) |
| Comfrey                | Ginseng                   | Wormwood  |
| Devil's Claw           | Glucosamine & Chondroitin | Yohimba   |
| Dong Quai              | Goldenseal                |   |
| Echinacea              | Hawthorne                 |   |

Others not listed above \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

---

**Patients Signature**

**Date**

